

**The School District of Palm Beach County, Florida**  
**Wellness Promotion Task Force**  
**“Wellness Celebration”**  
**Survey Summary of Event**  
**December 6, 2012**

**1. How organized was the “Wellness Celebration” event?**

- **Total = 80 Responses**
  - **95.87%** (77) stated **Extremely Organized**
  - **4.13%** (3) stated **Moderately Organized**
  - **0%** (0) stated **Not Organized**

**2. What did you enjoy most about this event’s “Meet and Greet”?**

- **18.9%** (16) stated **Networking**
- **12.17%** (9) stated **Hors d’oeuvres and beverages**
- **5.33%** (4) stated **Location and Time**
- **63.6%** (51) stated **All of the above**

**3. How useful was the information presented at the “Wellness Celebration” event?**

- **48.8%** (39) stated **Very Useful**
- **50%** (40) stated **Useful**
- **1.2%** (1) stated **Not Useful**

**4. How would you rate the presentation by the Keynote Speaker Dr. Brian Sheen?**

- **Appropriate for the Event**
  - **68.13%** (52) stated **Excellent**
  - **26.3%** (22) stated **Good**
  - **4.7%** (5) stated **Fair**
  - **0.87%** (1) stated **Poor**
- **Overall Presentation**
  - **60.0%** (43) stated **Excellent**
  - **35.7%** (29) stated **Good**
  - **3.5%** (4) stated **Fair**
  - **0.8%** (1) stated **Poor**

5. How was this **“Wellness Celebration”** meaningful to you?

- I enjoyed the guest speaker very much.
- It was nice to support fellow co-workers in their recognition.
- Increased my awareness in all of the efforts by various individuals and groups to promote wellness in our district.
- It was so nice to see how our whole community is having apart in our wellness effort. I was so impressed with the efforts in the art in the garden project and of course the teacher and two students’ efforts in running to Michigan WOW! The kids and dancers were also very nice to see.
- It gives you a sense of a lot of people working toward a common goal. It also provides ideas by hearing others speak about their projects.
- Having the students participate in the event was wonderful.
- Positives regarding Palm Beach District schools and the many wellness initiatives, inspiring!
- This event highlighted how the wellness web extends into so many aspects of the school district -- employees, students, volunteers. Each presenter recognized inspiring individuals who have committed to making their world healthier whether through gardens, eating an apple a day, supporting medical choice programs or more importantly challenging the youth to practice healthy living. By recognizing these accomplishments, the web will continue to grow as others will want to partake in the wellness way.
- Good to hear what was happening in the schools.
- Yes. It was wonderful to see and talk with others that share the same enthusiasm for Wellness. Love the bite size samples of healthy foods.
- Hearing the testimonials and seeing what others are doing through the slideshow.
- It was wonderful event and what a beautiful celebration...the District did a phenomenal job on this event. It was nice to feel all the recognition!
- I need to get more involved at my school with wellness and encourage my staff members to be more active.
- I thought Dr. Sheen was awesome. Totally energetic and brought life into the presentations.
- On a scale of 1-5 it was a 3.
- It highlighted many important initiatives that are taking place within the school district and our community.
- It was quite meaningful. I am glad that someone is appreciating the efforts of the Wellness Champions and others in support of the Wellness Initiative.

- Now I am very observant of what I eat now.
- Great work ethic!
- It was nice to recognize the people in our community who are making outstanding contributions to wellness.
- It was a nice afternoon to meet and chat with folks.
- Glad our efforts in Physical Education are noticed given the difficult circumstances that we have to work in these days in education.
- Such a great opportunity to see people recognized for all their hard work!
- Talked to others.
- Speakers did a good job staying on their schedule.
- It gave me ideas to bring back to school to share so that we introduce some activities to promote wellness with staff and students.
- It was nice to see healthy snack alternatives and meet other people in the district.
- A wonderful connection to like-minded people really making a difference.
- The opportunity to interact with other people, and see how they have accomplished their goals.
- It was good to see teachers who have the so called "easy job" rewarded for what they do.
- I really enjoyed seeing people getting recognized for the work they do!
- Provided inspiration to continue improving my health.
- The celebration gave us an opportunity to show our appreciation to those people who do so much for us. I enjoyed the presentation of awards to other individuals as well. The food and drinks were delicious!!!
- The opportunity to network before the celebration was perfect for learning from other champions and developing new contacts.
- Some points of the celebration really pointed out what's truly important in life.
- My mom got an award :)
- Awesome to get so many new ideas and appreciate great feats!
- I got the opportunity to taste the different drinks that I have never had. The snacks were excellent and very well presented.
- I thought the information related to the overall implementation was fantastic. I love seeing how community involvement within the district is improving.
- It allowed time to celebrate our accomplishments and recognize many everyday heroes making a difference.
- The Wellness Celebration continues to reinforce the School District commitment to employees' health and well-being.
- Nice to see people being recognized for doing activities and programs that lead to healthy lifestyles.

- Gave me a better understanding of what the School Board and the various organizations are trying to do for the youth in our county.
- I thought it so nice to be around like minded people in the District and see what others are doing in their school sites. Recognizing the staff was a wonderful motivation to keep going in the wellness movement. Thank you so much :)
- Great to see everyone appreciated for their efforts to the staff and students of PBC schools.
- It highlighted the excellent work being carried out in the schools and throughout our community to promote student health and wellness. The event also underscored how collaboration between public and private entities has led to success in maintaining student wellness and it shined a spotlight on the power of doing so at home, at school and throughout the county.
- It is always on target and meaningful. The agenda is well planned and executed with great professionalism!
- I enjoyed the celebration very much. It gave me an opportunity to learn the many branches of the Wellness Program. I was grateful and honored for the award I received. I aimed the contribution to the wellness program to make a difference to the children I addressed and I accomplished it. Thank you for the recognition. I look forward on continuing with the program at my school this year.
- It was great to see the community come together for one cause.
- It summarized the true mission of the wellness program.
- Important reminders for everyone to take time to eat right, breathe and exercise.
- Enjoyed recognizing those who have worked so hard towards wellness in the schools.
- Enjoyed networking and learning about other programs offered in the county
- It meant so much to be honored in a way we are often forgotten. Thank you. I'm just sorry for the people toward the end that had no audience that they so much deserved as people left after their recognition was presented (most likely b/c they had to get home to their families as it was getting late).
- It is nice to know that we get recognized for all the work we put in at our school site to help our peers with their health and wellness.
- This was my first event, and I was impressed with the guests, the atmosphere, and it's so nice to be recognized for the extra work we do and to see that wellness is a valued part of the district. It was pretty cool to be up there with all my peers and I'm grateful for the opportunity to be recognized. Thank you!

- It was very nice to see all of the people that have played integral parts in so many projects get recognized. I think this makes the relationships stronger and encourages others to participate.
- The speaker thought me to be upbeat, joyful and do not let anybody put me down. I needed to hear that.
- It's wonderful to recognize community teachers, support personal, and community organizations for their efforts and time in supporting health and wellness in Palm Beach County.
- I went just to support a friend. It was much more than I was expecting. GREAT!!!
- Yes, it was. I really appreciate that school nurses were recognized with this celebration and awards.
- I believe highlighting health is very useful to everyone. That an organization this size has such a program is very impressive.
- Seeing the Administration and School Board Chair take the time to attend and speak to us. I was impressed that the Wellness Program has taken off and is supported by the administration of the school district. I feel Kim S. is not given adequate recognition for her efforts.
- Try to eat healthier.
- It was my first time, and I thought it was very beneficial. I learned a lot of new places to apply for grants and things to assist in making my program the best it can be.
- As a recipient of a wellness award, I was overwhelmed. The entire program was very well organized and a lot of good information was presented. Hearing a little about each award recipients gave some insight as to things that can be improved in my own school. Thank you again Barbara Deslauriers, RN
- The networking was the best!!
- It made me feel good to see the smiles on everyone's faces.
- The celebration was terrific in that it brought together the School District and community to highlight many of the wonderful Wellness activities throughout the year. It was a great culmination of all the hard work accomplished through the Task Force this year. Again, both Steve and Paula did an incredible job leading the effort with the celebration! Kudos to them, and everyone involved with making the celebration a success. P.S. - The food was VERY good!
- It reinforced how important a healthy lifestyle can be.
- I appreciated seeing the people who work so hard receive recognition for their efforts.
- Celebrating the collective partners and benefits of this committee is always a joy!

- Showed true commitment from our members of schools and community who are making tangible inroads into student and community wellness programs. Events like this prove the value of the effort.
- Allows for networking opportunities
- It was a magical event; full of energy and information. Recognition is so very important and motivational.
- It provided a time for collaboration with the umbrella of health/wellness providers. It was an opportunity to acknowledge the successes of so many that I was unaware of/unfamiliar with. It was great to have one of my nurses awarded for her contributions to wellness in her school community. I was honored to be there!
- The entire event was amazing! The Keynote speaker was very motivational; watching the kids including the impromptu dancer get involved; listening to the story of the guys who took the challenge to run across country for the Colon Cancer fund raiser; viewing the pictures of the finished projects and accomplishments by Erica and her team was a sincere pleasure. This type of home grown, back to basics spirit has a significant impact not only on the children in our District but the staff as well. THANK YOU!!! Sincerely appreciate the invitation to this extraordinary event and the acknowledgement meant the world to me as well!
- It was great seeing all the people who are trying to make a difference in the lives of our children as well as staff.
- I appreciate the fact that the District is concerned about the employee's health.
- My "Wellness Champion" was recognized for all her work at our school. She has been an inspiration to the staff and students!

**6. Please provide any additional comments or feedback so that we can improve the 3rd Annual "Wellness Celebration" on December 2013.**

- Well done, though long, but I don't know what could be cut out.
- I personally stayed to see the whole event as I wanted each award winner to feel honored..... the program was a bit too long but I wouldn't know how to shorten it other than do half the organizations then another day the other half.
- I did not get a chance to see the keynote speaker, but had to rate him in the question above since there was not N/A option and the survey would not allow me to leave it blank.
- Look information about the attire. I would have made a conscious effort to dress in casual business attire.

- Celebrating and recognizing the people in the district that donate their time, energy and money for this effort makes this a remarkable event!
- It would be nice to have all the people receiving the awards present at the event.
- The event is too long. In December people are very busy and many do not participate because of this.
- Kudos to all involved! I look forward to next year.
- I think the event is too long. Also, I was disappointed that fewer people were in the room for the presentation for Anne Hedges and the two boys who walked to Michigan. Both of those things were so inspirational and it would have been a great way to inspire the entire group at the beginning. Although I liked the keynote speaker maybe it is not necessary to have one but instead feature something inspirational like the story of the two boys or the district employee who lost so much weight. Maybe there is a way to speed things up by moving to the side for the photos. I do like the event a lot. I did hear that others thought it was too long also. Is it possible to keep the recognition to two hours or less? All in all, a great job! Happy Holidays.
- It was great to have so many people recognized for their work...and it was a shame many were not in attendance to accept the awards. Picture ops could be moved to one side so the program can continue. If the winners know they are receiving an award they could be called up together.
- Would like to have a better cafe' experience in my school.
- Too long.
- It was well organized.
- Keep up the great work..and maybe more kids dancing!
- What is the process to nominate your school nurses for exceptional works?
- Loved it!
- The Awards Presentation was too long. I would suggest you invite each group to limit the number of awards because the amount of time required did make for one long day. Public recognition is important, but judging from the number of award recipients who did not show up, there might be a more appropriate venue for the recognition.
- Thank you for your hard work and diligence throughout the years. Steve and Paula and their staffs are to be commended for the community outreach and success of the Wellness Collaborative.
- I think the agenda should have been more colorful for the occasion.
- Dr. Brian Sheen was outstanding! He really made the place rock!
- I think the lifetime achievement award should be given at the beginning of the program since so many people were gone by the end. The program was too long but not sure how to change that since the awards



went quickly, but maybe just too many for some departments and awards should be limited in the presentation, especially since many did not show anyway.

- First of all, even though I have some negative feedback on the length of the program, it was evident that you all worked extremely hard and it was well thought out (the board members should have been there to see all what we do!!!). It was an enjoyable evening except that the entire program was way too long (after even a longer school day for most of us). Including the meet and greet it was 3 1/2 hours. My thoughts on cutting back on the time are the following: The entertainment (except for the national anthem) could possibly somehow be held during the meet and greet. (???) Also, if applause could be held until the end (as Denise Griffo did with her presentation) that also would cut down on time. And the keynote speaker was okay (not for me, but I'm sure others liked him). But in my opinion, he tried to be more of an entertainer than an inspirational speaker. And finally said in #5, both the award recipients and performers deserved to be seen and heard too and they weren't b/c most people left before the end of your program. Both Brian Thomas and the dancers worked really hard for a good presentation and were outstanding with no audience...sad.
- I realize everyone could not stay for the entire meeting to see all the people get recognized but I stayed because I appreciated the hard work the Wellness committee put into the celebration and thought the other people being recognized also deserved to be seen and applauded. Thank you for your hard work. Susie Cox ps Question #2...I was forced to choose an answer and I would have liked an OTHER section where I could have written in something of my own...just a suggestion.
- It was very nice, but I felt the awards for Fuel Up to Play 60 was a little generic, and I hope I don't sound ungrateful, it was the ONLY little thing that I can put a low score on. I actually appreciated the verbal praise more. It was just not on level with how nice the event was and think it could be a little more personalized even if it was with a personalized certificate with specific accomplishment on it. Otherwise, the event was super nice!
- The overall event was wonderful, very organized and touching. My only comment will be to shorten the time because at some point it felt like it was dragging. I also wish that more people that get recognized would attend, but I understand that this is completely out of the control of the organizing committee.
- The audio on the "overflow room" was too low. We didn't get to participate on the motivation dance.



- The whole program and the success of the Wellness Celebration are directly due to Paula Triana and her wonderful energy. Thank you, Paula.
- I think you are doing a great job.
- I thought the speaker was not interesting and the dancing at the end took too much time out of an already very long evening.
- I feel that all was done fine. No improvement needed. The only thing I felt bad about is that so many people had already left when Ann Hedges was presented with the Lifetime Achievement Distinction award.
- Try to have items at the event that do not have milk from a cow. This is a wellness celebration and we are not calves, hence; we do not need bovine milk.
- Great Job! Happy Holidays!
- The only constructive feedback would be to try to decrease the celebration time - there's probably too many awards given, or too much time spent on each one. Having the students involved in the celebration was a treat.
- Start the program earlier & end it earlier.
- Adjust the program (maybe awards) to help insure attendees stay throughout the event. Too many people left early. The dancers all did a great job. Also the opportunity to get off our butts was great!
- More testimonials; very emotional.
- The entire event was excellent! The attention to detail at the Meet and Greet, the various student presentations - art exhibits, live music and dance, etc, were particularly enjoyable. The awards ceremony was well organized and stayed on schedule. The keynote speaker was also excellent. ...I don't see how this can be improved :) It was perfect!
- Don't know how you are going to top this year's event!!